#### **Abstract**

### **Original Article**

# Peadiatric Parents and Nurses Perception of Family – Centered Nursing Care in Southwest Nigeria

# Ibilola Okunola, RN, RM, BNSC, MSc (Nursing)

Nursing officer II, Obafemi Awolowo Teaching Hospital, Ile -Ife, Osun State Nigeria

## Ayobola Adenike Olaogun, RN, RM, RPHN, PhD

Senior Lecturer, Department of Nursing Science , Obafemi Awolowo University, Ile -Ife, Osun State Nigeria

# Stella Chinma Adereti, RN, RM, RPHN, MSc (Nursing)

Clinical instructor, Department of Nursing Science ,Obafemi Awolowo University, Ile –Ife, Osun State Nigeria

## Abisola Bankole, RN, RM, RPHN, MSc (Nursing)

 ${\bf Clinical\ instructor,\ School\ of\ Midwifery,\ Ijebu-ode,\ Ogun\ State\ Nigeria}$ 

# Elizabeth Oyibocha, RN, RM, RPHN, MSc (Nursing)

Clinical instructor, School of Nursing, Warri, Delta State Nigeria

# Olayinka Ajao, RN, BNSC, MSc (Nursing)

Clinical instructor, School of Nursing, Ado-Ekiti, Ekiti State Nigeria

**Correspondence:** Ibilola Okunola, RN, RM,BNSC, M.Sc (Nursing) Nursing officer II, Obafemi Awolowo Teaching Hospital, Ile –Ife, Osun State Nigeria E-mail: Bifarinibilola@gmail.com

#### **Abstract**

**Background**: Literature abounds of the positive impacts of Family-Centered Nursing Care on the outcome of paediatric care. However, despite the near-universal adoption of Family-Centered Care in paediatric hospitals, there is paucity of literature on what forms Family centered nursing care in the paediatric population in Nigeria.

**Aims**: This study examined paediatric parents (PP) and nurses' perceptions of Family – Centered Nursing care behaviors to be most and least important.

**Methodology:** A descriptive design was used, University College Hospital, Ibadan and Massy Street Children Hospital, Lagos State, South-West Nigeria were the study settings. Purposive sampling technique was adopted to select 323 parents while simple random sampling used to recruit 176 nurses who participated in the study. A modified Family Centered Care Scale (FCCS) was used for data collection. Data was analyzed using descriptive statistics, t- test and multiple regression.

**Results**: The Family Centered nurse-caring behaviours mostly perceived as caring by the peadiatric parents was "Use my suggestions about how to care for your child ( $4.46 \pm 1.496$ ) while nurses perceived "Parents are given detail explanations about changes they could be expected from their condition ( $4.48 \pm 0.985$ ) as the most important. Age (p = 0.03), education (p = 0.02) influenced peadiatric parents perception of Family centered nursing care behaviors and length of hospital stay (p = 0.96) did not influence it. Nurses age (0.08) did not influence their perception of Family centered nursing care behaviors but years of peadiatric experience (0.02) influenced it. There was no statistical significant difference in the peadiatric Parents and Nurses perception Family centered nursing care behaviors (p = 0.90).

**Conclusions:** Peadiatric parents and nurses perceived these items to be important for FCNC. Therefore, these should be incorporated into nursing practice and nursing education in Nigeria in providing sense of care.

**Keywords:** Peadiatric parents, Nurses, perception, Family centered care, Family centered nursing care behaviors, Family centered care scale